

## MONDAY

**7:00AM Breakfast Club - (O,VAR)** - Church of the Palms, 1960 NORTH SWINTON, Delray Beach, FL, 33444

**10:00AM A.M. N.A. - (O)** - Bryant Park, 1 Lake Ave just South of the Lake Ave. bridge, Lake Worth, FL, 33460

**7:00PM Got Recovery** - Meeting in person **(O,VAR)** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

**7:30PM Clean Scene - (O,D)** - Church on the Hill, 251 SW 4th Ave, Boca Raton, FL, 33432

**8:30PM Hispanos En Progreso** - Uncertain if meeting is currently operating **(O,D,ES,JT)** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

**8:30PM More Will Be Revealed - (O,D,CPC)** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

**10:00PM Last Call - (O,D,LC,JT)** - Boca Pines Club, 9910 Sandlefoot Blvd Ste 5, Boca Raton, FL, 33428

**10:00PM Never Too Late - (O,VAR)** - MCC Church of Our Savior, 2011 S. Federal Highway, Boynton Beach, FL, 33435

## TUESDAY

**7:00AM Breakfast Club** - Meeting in Person **(O,VAR)** - Church of the Palms, 1960 NORTH SWINTON, Delray Beach, FL, 33444

**10:00AM A.M. N.A. - (O)** - Bryant Park, 1 Lake Ave just South of the Lake Ave. bridge, Lake Worth, FL, 33460

**11:00AM TNT (formerly 10am group)** - <https://zoom.us/j/705465974> Password: 566658 **(O,D,MED,VM)** - Zoom, Delray Beach, FL, 33445

**12:30PM Not High Noon** - Meets in Person **(O,JT,CPC)** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

**7:00PM Fearless Females In Recovery** - <https://zoom.us/j/88622608052> Password: Fearless **(O,W)** - Zoom Online, Boynton Beach, FL, 33437

**7:00PM South Side Steps & Traditions - (O,STP,SD)** - The New Church at Boynton Beach, 10621 El Clair Ranch Rd., Boynton Beach, FL, 33437

**7:00PM The NA Way - (O,D)** - Church of our Savior, MCC, 2011 S. Federal Hwy, Boynton Beach, FL

**8:30PM Staying Alive Group** - Meeting in Person **(O,CPC)** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

## TUESDAY (CONT)

**10:00PM Never Too Late** - <https://zoom.us/j/636507759> **(O,S)** - Zoom Online Meeting, Delray Beach, FL, 33445

## WEDNESDAY

**7:00AM Breakfast Club** - Meeting in Person **(O,CPC)** - Church of the Palms, 1960 NORTH SWINTON, Delray Beach, FL, 33444

**10:00AM A.M. N.A. - (O)** - Bryant Park, 1 Lake Ave just South of the Lake Ave. bridge, Lake Worth, FL, 33460

**7:00PM Got Recovery** - Meeting in Person **(O,LIT)** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

**7:00PM One Promise** - <https://zoom.us/j/76188084607> Password: 1G3HV0 **(O,D,ME)** - Zoom Online, Boynton Beach, FL

**7:30PM Basic Steps** - <https://zoom.us/j/3257189252> Password:121212 **(O,BT,L)** - Hybrid--Zoom and Lions Club; online and in-person, 399 NW 35th St., Boca Raton, FL, 33431

**8:30PM Just For Today** - Meeting in Person **(O,D)** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

**10:00PM Last Call - (O,D,JT,L)** - Boca Pines Club, 9910 Sandlefoot Blvd Ste 5, Boca Raton, FL, 33428

**10:00PM Never Too Late - (O,VAR)** - MCC Church of Our Savior, 2011 S. Federal Highway, Boynton Beach, FL, 33435

## THURSDAY

**7:00AM Breakfast Club** - Meeting in Person **(O,L)** - Church of the Palms, 1960 NORTH SWINTON, Delray Beach, FL, 33444

**10:00AM A.M. N.A. - (O)** - Bryant Park, 1 Lake Ave just South of the Lake Ave. bridge, Lake Worth, FL, 33460

**11:00AM TNT (formerly the 10 AM Group)** - <https://zoom.us/j/705465974> **(O,D,MED,VM)** - Zoom, Delray Beach, FL, 33445

**12:30PM Not High Noon** - Meeting in Person **(O,CPC)** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

**7:00PM Fearless Female In Recovery** - <https://zoom.us/j/88622608052> Password: Fearless **(O,W)** - Zoom Online, Boynton Beach, FL, 33437

**7:00PM Fearless Women In Recovery - (O,W)** - Crossroads Club, 1700 Lake Ida Road, Delray Beach, FL, 33445

## THURSDAY (CONT)

**7:00PM New Connections** - <https://zoom.us/j/87193914037> Password: recovery **(O,VAR,W)** - Zoom Online, Boynton Beach, FL, 33437

**7:00PM Why Are We Here** - Uncertain if meeting is currently operating **(O,SD)** - Church on the Hill Congregational Church of Boca, 251 SW 4th ave, Boca Raton, FL, 33432

**8:30PM Out of the Ashes - (O,SD)** - The Crossroads Club, 1700 Lake Ida Road, Delray Beach, FL, 33445

**8:30PM Stairway To Recovery** - <https://zoom.us/j/2373601992> *Steps 1-3* **(O,STP,B,VM)** - Online Zoom, Delray Beach, FL, 33445

**10:00PM Never Too Late - (O,D,JT,VM)** - Zoom Online, Delray Beach, FL, 33445

## FRIDAY

**7:00AM Breakfast Club** - Meeting in Person **(O,VAR)** - Church of the Palms, 1960 NORTH SWINTON, Delray Beach, FL, 33444

**10:00AM A.M. N.A. - (O)** - Bryant Park, 1 Lake Ave just South of the Lake Ave. bridge, Lake Worth, FL, 33460

**12:30PM Not High Noon - (O,CPC)** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

**7:00PM Got Recovery - (O,D)** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

**7:00PM Living Miracles - (O,SD)** - Church on the Hill Congregational Church of Boca, 251 SW 4th ave, Boca Raton, FL, 33432

**8:30PM Out of the Ashes - (O,SD)** - Crossroads Club, 1700 Lake Ida Road, Delray Beach, FL, 33445

**10:00PM Never Too Late - (O,VAR)** - MCC Church of Our Savior, 2011 S. Federal Highway, Boynton Beach, FL, 33435

## SATURDAY

**7:00AM Breakfast Club** - Meeting in Person **(O,SD)** - Church of the Palms, 1960 NORTH SWINTON, Delray Beach, FL, 33444

**10:00AM A.M. N.A. - (O)** - Bryant Park, 1 Lake Ave just South of the Lake Ave. bridge, Lake Worth, FL, 33460

**11:00AM 11 AM Group - (O,D,JT)** - Crossroads Club, 1700 Lake Ida Road, Delray Beach, FL, 33445

**12:30PM The Ties That Bind Us Together - (O,VAR,V)** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

## SATURDAY (CONT)

**6:30PM Clean on the Screen - (O,BT,L,VM)** - Zoom Online, Delray Beach, FL, 33445

**7:00PM Fearless Females In Recovery** - <https://zoom.us/j/88622608052> Password: Fearless **(O,W)** - Zoom Online, Boynton Beach, FL, 33437

**7:00PM Saturday Night Clean Scene of NA - (O,D,LIT,L)** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

**7:30PM Spiritual Principal a Day** - New Meeting, starts meeting on September 2, 2023 **(O,L,SPAD)** - Church of Our Savior, 2007 Federal Hwy, Boynton Beach, FL, 33435

**8:30PM More Will Be Revealed** - Meeting in Person **(O,VAR)** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

**10:00PM Never Too Late - (O,VAR)** - MCC Church of Our Savior, 2011 S. Federal Highway, Boynton Beach, FL, 33435

**11:30PM Shooting Stars Beach Meeting** - Park on Atlantic to avoid tickets. Arriving late, take the trail east onto the sand to find the group **(O,D,ꜱ,CPC)** - Meets under the large pavilion at the corner of Atlantic Ave and A1A Meeting in Person, 1-23 South Ocean Blvd, Delray Beach, FL, 33483

## SUNDAY

**8:00AM Breakfast Club** - meeting in person **(O,VAR)** - Church of the Palms, 1960 NORTH SWINTON, Delray Beach, FL, 33444

**9:00AM S.O.S.** - meeting in person **(O,D,STP,Tr,L)** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

**9:30AM Into the Light** - Benches available. Bring a chair suggested. Restrooms located across the street.

**(O,WC,ꜱ,RF,LGBTQ+)** - Hypoluxo Scrub Center - The Tree House Meeting, 150 Hypoluxo Road, Lantana, FL, 33462

**10:00AM A.M. N.A. - (O)** - Bryant Park, 1 Lake Ave just South of the Lake Ave. bridge, Lake Worth, FL, 33460

**12:30PM The Ties That Bind Us Together - (O,CPC)** - Crossroads Club, 1700 Lake Ida Rd., FL, 33445

**5:30PM We're Working On It - (O,D,JT)** - Boca Pines Club, 9910 Sandalfoot Blvd. Ste 5, Boca Raton, FL, 33428

**8:30PM More Will Be Revealed** - Meeting in person **(O,CPC)** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

**10:00PM Never Too Late** - <https://zoom.us/j/636507759> **(O,SD)** - Zoom Online Meeting, FL, 33445

## MEETING FORMAT LEGEND

B	Beginners	BT	Basic Text
CPC	Chairperson Choice	D	Discussion
ES	Español	JT	Just for Today
L	Literature Study	LC	Living Clean
LGBTQ+ LGBTQ+		LIT	Literature Study
ME	Meditation	MED	Just for Today Study
O	Open	RF	Rotating Format
S	Spiritual Principles	SD	Speaker & Discussion
SPAD	A Spiritual Principle a Day	STP	Step
Tr	Tradition	V	Varies
VAR	Format Varies	VM	Virtual Meeting
W	Women	WC	Wheelchair
α	Outdoor Meeting		

## SERVICE COMMITTEE MEETINGS

**AREA SERVICE COMMITTEE (ASC)** - 2<sup>nd</sup> Sunday of the month

Lions Club  
399 NW 35<sup>th</sup> Street  
Boca Raton, FL 33431

**GROUP SERVICE REPRESENTATIVES** - 1:00 PM

**SUBCOMMITTEE CHAIRS** - 12:30 PM

**ADMINISTRATIVE COMMITTEE** - 12:00 PM

**HELPLINE & PUBLIC INFORMATION** - 12:00 PM  
email Justin at helpline@micoastarea.org

**ACTIVITIES** - 1<sup>st</sup> Saturday of every Month - 5:30 PM

Crossroads Club  
1700 Lake Ida Road  
Delay Beach, FL 33445

**CONVENTION COMMITTEE** - 1<sup>st</sup> and 3<sup>rd</sup> Thursday of every month - 7:00 PM

In the small conference room  
Crossroads Club  
1700 Lake Ida Road  
Delay Beach, FL 33445

**HOSPITALS AND INSTITUTIONS** - 1<sup>st</sup> Saturday of every month - 5:30 PM

In room E  
Crossroads Club  
1700 Lake Ida Road  
Delay Beach, FL 33445

**LITERATURE REVIEW - OPEN**

**LITERATURE DISTRIBUTION - AVAILABLE AT ASC**

To update meeting or committee information, please have your GSR contact Justin S. at the monthly ASC or text 561-213-4598

## ACTIVITIES AND OTHER FUN STUFF

Visit [www.midcoastarea.org](http://www.midcoastarea.org)

## FLORIDA HELPLINE NUMBERS

SO. FLORIDA REGION	-----	(844) NAFLORIDA
		(844) 623-5674
BAHAMAS	-----	(242) 802-6262
BOCA RATON/DELRAY BEACH	-----	(561) 393-0303
BREVARD COUNTY	-----	(321) 631-4357
CLEARWATER/ST. PETE	-----	(727) 547-0444
DAYTONA BEACH	-----	(800) 206-0731
FORT LAUDERDALE	-----	(888) 524-1777
FORT MYERS	-----	(866) 389-1344
GAINESVILLE	-----	(866) 352-5323
HOLLYWOOD	-----	(866) 517-9997
JACKSONVILLE	-----	(904) 723-5683
KENDALL/HOMESTEAD	-----	(305) 265-9555
KEYS	-----	(866) 584-2411
LAKELAND	-----	(863) 683-0630
MELBOURNE	-----	(321) 631-4357
MIAMI BEACH	-----	(305) 628-8205
MIAMI/HIALEAH	-----	(866) 935-8811
NAPLES	-----	(888) HELP-301
		(888) 435-7301
OCALA	-----	(352) 368-6061
OKECHOBEE/PORT ST LUCIE	-----	(772) 343-8373
ORLANDO	-----	(407) 425-5157
PALM BEACHES	-----	(561) 848-NANA
		(561) 848-6262
PANAMA CITY/PENSACOLA	-----	(866) 985-0008
SARASOTA	-----	(941) 257-5055
TALLAHASSEE	-----	(877) 340-5096
TAMPA	-----	(813) 879-4357
TAVARES/LEESBERG	-----	(352) 319-5617
VENICE/NOKOMIS	-----	(941) 493-5747
VERO BEACH/FORT PIERCE	-----	(772) 343-8373

## GET PHONE NUMBERS



## MID-COAST AREA MEETING LIST

SEPTEMBER 2023

BOCA \* DELRAY \* DEERFIELD \* BOYNTON \* LIGHTHOUSE POINT \* POMPANO

## 24 HOUR HELPLINE

(561) 393-0303

Meetings Weekly: 62

Basic Text Pg. 87

When at the end of the road we find that we can no longer function as a human being either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative; either go on as best we can to the bitter ends - jails, institutions, or death - or find a new way to live. In years gone by very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is a simple, spiritual - not religious program known as Narcotics Anonymous

<https://na.org>

## SUGGESTIONS FOR EVERYONE

**DON'T USE no matter what**

**Ask your Higher Power to keep you clean**

**Come early and stay late**

**Get a home group**

**Go to 90 meetings in 90 days**

**Read NA literature daily**

**Get and use a sponsor**

**Use the PHONE**

**KEEP COMING BACK. IT WORKS**

## What is our message?

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

Basic Text, page 65