MONDAY

7:00AM Breakfast Club - ***(O,VAR)*** - Church of the Palms, 1960 NORTH SWINTON, Delray Beach, FL, 33444

10:00AM A.M. N.A. - ***(O)*** - Bryant Park, 1 Lake Ave just South of the Lake Ave. bridge, Lake Worth, FL, 33460

7:00PM Got Recovery - Meeting in person *Room C-D* ***(O,VAR)*** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

7:00PM The Wich Group - ***(VM)*** - https://zoom.us/j/81019461788 Passcode: 111111, Delray, FL, 33445

7:30PM Clean Scene - ***(C,SD)*** - Church on the Hill, 251 SW 4th Ave, Boca Raton, FL, 33432

8:30PM Hispanos En Progreso - *Sala de conferencias* ***(O,D,ESP,JFT)*** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

8:30PM More Will Be Revealed - *Room C-D* ***(O,D,CPC)*** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

10:00PM Last Call - https://zoom.us/j/2972701674 Password: 10PM ***(O,BT,HY)*** - Boca Pines Club, 9910 Sandlefoot Blvd Ste 5, Boca Raton, FL, 33428

10:00PM Never Too Late - ***(O,VAR)*** - MCC Church of Our Savior, 2011 S. Federal Highway, Boynton Beach, FL, 33435

TUESDAY

7:00AM Breakfast Club - Meeting in Person ***(O,VAR)*** - Church of the Palms, 1960 NORTH SWINTON, Delray Beach, FL, 33444

10:00AM A.M. N.A. - ***(O)*** - Bryant Park, 1 Lake Ave just South of the Lake Ave. bridge, Lake Worth, FL, 33460

11:00AM TNT (formerly 10am group) - ***(O,D,JFT,VM)*** - https://zoom.us/j/705465974 Password: 566658, Delray Beach, FL, 33445

12:30PM Not High Noon - Meets in Person *Room C* ***(O,JFT,CPC)*** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

7:00PM Fearless Females In Recovery - ***(O,W,VM)*** - https://zoom.us/j/88622608052 Password: Fearless, Boynton Beach, FL, 33437

7:00PM NA Way - (Pizza Hut Church) ***(O,BT,D,LIT,SD)*** - Church of our Savior, MCC, 2011 S. Federal Hwy, Boynton Beach, FL,

TUESDAY (CONT)

7:00PM South Side Steps & Traditions - ***(O,STP,SD)*** - The New Church at Boynton Beach, 10621 El Clair Ranch Rd., Boynton Beach, FL, 33437

8:30PM Staying Alive - Meeting in Person *Room C* ***(O,CPC)*** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

10:00PM The Wich Group - ***(VM)*** - https://zoom.us/j/81019461788 Passcode: 111111, Delray, FL, 33445

WEDNESDAY

7:00AM Breakfast Club - Meeting in Person ***(O,CPC)*** - Church of the Palms, 1960 NORTH SWINTON, Delray Beach, FL, 33444

10:00AM A.M. N.A. - ***(O)*** - Bryant Park, 1 Lake Ave just South of the Lake Ave. bridge, Lake Worth, FL, 33460

7:00PM Got Recovery - Meeting in Person *Room C-D* ***(O,LIT)*** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

7:00PM One Promise - ***(O,D,ME,VM)*** - https://zoom.us/j/76188084607 Password: 1G3HV0 zero, Boynton Beach, FL,

7:30PM Basic Steps - ***(O,STP)*** - Lions Club, 399 NW 35th St., Boca Raton, FL, 33431

8:30PM Just For Hump Day - Meeting in Person *Room C-D* ***(O,D,JFT)*** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

10:00PM Last Call - https://zoom.us/j/2972701674 Password: 10PM ***(O,L,HY,SPAD)*** - Boca Pines Club, 9910 Sandlefoot Blvd Ste 5, Boca Raton, FL, 33428

10:00PM Never Too Late - ***(O,VAR)*** - MCC Church of Our Savior, 2011 S. Federal Highway, Boynton Beach, FL, 33435

THURSDAY

7:00AM Breakfast Club - Meeting in Person ***(O,L)*** - Church of the Palms, 1960 NORTH SWINTON, Delray Beach, FL, 33444

10:00AM A.M. N.A. - ***(O)*** - Bryant Park, 1 Lake Ave just South of the Lake Ave. bridge, Lake Worth, FL, 33460

11:00AM TNT (formerly the 10 AM Group) - ***(O,D,JFT,VM)*** - https://zoom.us/j/705465974 Password: 566658, Delray Beach, FL, 33445

THURSDAY (CONT)

12:30PM Not High Noon - Meeting in Person *Room C* ***(O,CPC)*** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

7:00PM Fearless Women In Recovery - *Conference Room* ***(O,W)*** - Crossroads Club, 1700 Lake Ida Road, Delray Beach, FL, 33445

7:00PM New Connections - Virtual Online ***(O,VAR,W,VM)*** - https://zoom.us/j/87193914037 Password: recovery, Boynton Beach, FL, 33437

7:00PM Why Are We Here - ***(O,CPC)*** - Church on the Hill Congregational Church of Boca, 251 SW 4th ave, Boca Raton, FL, 33432

8:30PM Stairway To Recovery - *Steps 1-3* ***(O,BEG,STP,VM)*** - https://zoom.us/j/2373601992 Password: none, Delray Beach, FL, 33445

8:30PM Staying Alive - *Room C-D* ***(O,CPC)*** - The Crossroads Club, 1700 Lake Ida Road, Delray Beach, FL, 33445

FRIDAY

7:00AM Breakfast Club - Meeting in Person ***(O,VAR)*** - Church of the Palms, 1960 NORTH SWINTON, Delray Beach, FL, 33444

10:00AM A.M. N.A. - ***(O)*** - Bryant Park, 1 Lake Ave just South of the Lake Ave. bridge, Lake Worth, FL, 33460

12:30PM Not High Noon - *Room C* ***(O,CPC)*** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

7:00PM Got Recovery - *Room C-D* ***(O,D)*** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

7:00PM Living Miracles - ***(O,SD)*** - Church on the Hill Congregational Church of Boca, 251 SW 4th ave, Boca Raton, FL, 33432

8:30PM Out of the Ashes - *Room C-D* ***(O,SD)*** - Crossroads Club, 1700 Lake Ida Road, Delray Beach, FL, 33445

10:00PM Never Too Late - *Relationships* ***(O,VAR,TOP)*** - MCC Church of Our Savior, 2011 S. Federal Highway, Boynton Beach, FL, 33435

SATURDAY

12:00AM The Wich Group - ***(VM)*** - https://zoom.us/j/81019461788 Passcode: 111111, Delray, FL, 33445

SATURDAY (CONT)

7:00AM Breakfast Club - Meeting in Person ***(O,SD)*** - Church of the Palms, 1960 NORTH SWINTON, Delray Beach, FL, 33444

10:00AM A.M. N.A. - ***(O)*** - Bryant Park, 1 Lake Ave just South of the Lake Ave. bridge, Lake Worth, FL, 33460

11:00AM Miracles at the Roads - *Room C-D* ***(O,D,JFT)*** - Crossroads Club, 1700 Lake Ida Road, Delray Beach, FL, 33445

6:30PM Clean on the Screen - ***(O,BT,L,VM)*** - https://zoom.us/j/697694635 Password: none, Delray Beach, FL, 33445

7:00PM Got Recovery - *Room C-D* ***(STP,TRD)*** - Crossroads Club, 1700 Lake Ida Road, Delray Beach, FL, 33445

8:30PM More Will Be Revealed - Meeting in Person *Room C-D* ***(O,VAR)*** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

10:00PM Never Too Late - ***(O,VAR)*** - MCC Church of Our Savior, 2011 S. Federal Highway, Boynton Beach, FL, 33435

11:30PM Shooting Stars Beach Meeting - Park on Atlanic, police give parking tickets on A1A. If raining meeting is under the roof at the pavilion ***(O,D,¤,CPC)*** - Meets on the beach, follow trail east from large pavilion at the corner of Atlantic Ave & A1A, 1-23 South Ocean Blvd, Delray Beach, FL, 33483

SUNDAY

8:00AM Breakfast Club - meeting in person ***(O,VAR)*** - Church of the Palms, 1960 NORTH SWINTON, Delray Beach, FL, 33444

9:00AM S.O.S. - meeting in person *Room C* ***(O,D,STP,TRD,L)*** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

9:30AM Into the Light - Benches available. Bring a chair suggested. Restrooms located across the street. ***(O,WC,¤,RF,LGBTQ+)*** - Hypoluxo Scrub Center - The Tree House Meeting, 150 Hypoluxo Road, Lantana, FL, 33462

10:00AM A.M. N.A. - ***(O)*** - Bryant Park, 1 Lake Ave just South of the Lake Ave. bridge, Lake Worth, FL, 33460

12:30PM The Ties That Bind Us Together - *Room C* ***(O,CPC)*** - Crossroads Club, 1700 Lake Ida Rd., FL, 33445

SUNDAY (CONT)

8:00PM The Wich Group - ***(VM)*** - https://zoom.us/j/81019461788 Passcode: 111111, Delray, FL, 33445

8:30PM More Will Be Revealed - Meeting in person *Room C-D* ***(O,CPC)*** - Crossroads Club, 1700 Lake Ida Rd., Delray Beach, FL, 33445

MEETING FORMAT LEGEND

BEG	Beginners	D	Discussion
VAR	Format Varies	W	Women
SD	Speaker & Discussion	O	Open
C	Closed to Non-Addicts	WC	Wheelchair
BT	Basic Text	STP	Step
TOP	Topic	TRD	Tradition
LIT	Literature Study	¤	Outdoor Meeting
RF	Rotating Format	ME	Meditation
L	Literature Study	CPC	Chairperson Choice
LGBTQ+	LGBTQ+	VM	Virtual Meeting
HY	Hybrid	SPAD	A Spiritual Principle a Day
JFT	Just for Today Study	ESP	Español

SERVICE COMMITTEE MEETINGS

AREA SERVICE COMMITTEE (ASC) - 2nd Sunday of the month

Lions Club

399 NW 35th Street

Boca Raton, FL 33431

GROUP SERVICE REPRESENTATIVES - 1:00 PM

SUBCOMMITEE CHAIRS - 12:30 PM

ADMINISTRATIVE COMMITEE - 12:00 PM

HELPLINE & PUBLIC INFORMATION

email Andy T at helpline@micoastarea.org

ACTIVITIES - 1st and 3rd Saturday of each Month - 7:00 PM

Virtual Meeting (https://zoom.us/j/84595772056)

Passcode: 220063

CONVENTION (MCCNA) COMMITTEE - 1st and 3rd Thursday of each month - 7:00 PM

Panera Bread

548 Woolbright Road

Boynton Beach, FL 33431

HOSPITALS AND INSTITUTIONS - 1st Monday of every month - 8:30 PM

In room E

Crossroads Club

1700 Lake Ida Road

Delay Beach, FL 33445

LITERATURE REVIEW - OPEN

LITERATURE DISTRIBUTION - AVAILABLE AT ASC

To update meeting or committee information, please have your GSR contact Andy T. at the monthly ASC or text 561-507-7838

ACTIVITIES AND OTHER FUN STUFF

Visit https://midcoastarea.org

FLORIDA HELPLINE NUMBERS

SO. FLORIDA REGION	(844) NAFLORIDA
	(844) 623-5674
BAHAMAS	(242) 802-6262
BOCA RATON/DELRAY BEACH	(561) 393-0303
BREVARD COUNTY	(321) 631-4357
CLEARWATER/ST. PETE	(727) 547-0444
DAYTONA BEACH	(800) 206-0731
FORT LAUDERDALE	(888) 524-1777
FORT MYERS	(866) 389-1344
GAINESVILLE	(866) 352-5323
HOLLYWOOD	(866) 517-9997
JACKSONVILLE	(904) 723-5683
KENDALL/HOMESTEAD	(305) 265-9555
KEYS	(866) 584-2411
LAKELAND	(863) 683-0630
MELBOURNE	(321) 631-4357
MIAMI BEACH	(305) 628-8205
MIAMI/HIALEAH	(866) 935-8811
NAPLES	(888) HELP-301
	(888) 435-7301
OCALA	(352) 368-6061
OKECHOBEE/PORT ST LUCIE	(772) 343-8373
ORLANDO	(407) 425-5157
PALM BEACHES	(561) 848-NANA
	(561) 848-6262
PANAMA CITY/PENSACOLA	(866) 985-0008
SARASOTA	(941) 257-5055
TALLAHASSEE	(877) 340-5096
TAMPA	(813) 879-4357
TAVARES/LEESBERG	(352) 319-5617
VENICE/NOKOMIS	(941) 493-5747
VERO BEACH/FORT PIERCE	(772) 343-8373

GET PHONE NUMBERS

What is our message?
The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

Basic Text, *page 65*

MID-COAST AREA

MEETING LIST

NOVEMBER 2026

BOCA * DELRAY * DEERFIELD * BOYNTON * LIGHTHOUSE POINT * POMPANO

24 HOUR HELPLINE

(561) 393-0303

Meetings Weekly: 58

Basic Text Pg. 87

When at the end of the road we find that we can no longer function as a human being either with or without drugs, we all face the same dellema. What is there left to do? There seems to be this alternative; either go on as best we can to the bitter ends - jails, institutions, or death - or find a new way to live. In years gone by very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is a simple, spiritual - not religious program kown as

Narcotics Anonymous

https://na.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS